

Falcon Flyer

VOL. XV, ISSUE II

MESSIAH UNIVERSITY FALCONS

5-1, 0-0



MARCH 22, 2023 - 5:00 PM - WOMEN'S LACROSSE

SHENANDOAH UNIVERSITY HORNETS

5-3, 0-0

MESSIAH UNIVERSITY FALCONS - 5-1, 0-0

No.	Player	Ht.	Class	Pos.	Hometown	Previous School
1	AbbyEllen Wood	5-8	Jr.	D	Hatboro, Pa.	Upper Moreland
2	Grace Hejeebu	5-4	Fr.	G	Marriottsville, Md.	Marriotts Ridge
3	Emile Cotton	5-9	Fr.	D	Panama City, Panama	Crossroads Christian
4	Addyson Wagman	5-5	Fr.	M	Spring Grove, Pa.	Spring Grove
6	Hayley Lettinga	6-0	Fr.	D/M	Woodbine, Md.	Marriotts Ridge
7	Hope Flack	5-7	Gr.	M	Green Lane, Pa.	Upper Perkiomen / Liberty University
9	Regan Gillisse	5-7	So.	D	Mountville, Pa.	Hempfield
10	Grace Gormley	5-6	Sr.	D/M	West Grove, Pa.	The Christian Academy
11	Emma Hagg	5-8	So.	D	Lititz, Pa.	Manheim Township
12	Ehryn Grootthoff	5-9	Jr.	M	Chebeague Island, Maine	Yarmouth
13	Rachel Delate	5-9	Sr.	A	Glen Mills, Pa.	Padua Academy
14	Hannah Gawne	5-7	Fr.	M	Lancaster, Pa.	Lampeter-Strasburg
17	Annalise Keitel	5-9	Fr.	M	Mechanicsburg, Pa.	Cumberland Valley
19	Makenzie Schnur	5-8	Gr.	A	Brunswick, Md.	Brunswick
20	Anna Koenig	5-7	Fr.	D	Manasquan, N.J.	Manasquan
22	Emma Lytle	5-4	Sr.	A	Lincoln University, Pa.	Avon Grove
23	Jordan Lewicki	5-4	So.	M	Highland Lakes, N.J.	Vernon Township
25	Mackenzie O'Haver	5-9	Jr.	G	Dillsburg, Pa.	Northern
26	Brooke Van Eerden	5-6	So.	D	Lower Gwynedd, Pa.	Delaware County Christian
28	Natalie Macri	5-5	Fr.	A	Perry Hall, Md.	Wellspring Christian

Head Coach: Heather McKay (16th season)

Assistant Coach: Kendra Herbenar

FALCONS' SCHEDULE

2/18	at University of Scranton	W, 11-10 (2OT)
2/22	Gettysburg College	W, 10-6
3/1	at Franklin and Marshall College	L, 11-19
3/6	at Colorado College	W, 17-9
3/8	St. John Fisher University	W, 9-7
3/18	at Christopher Newport Univ.	W, 11-8
3/22	Shenandoah University	5:00 PM
3/25	University of Mary Washington	1:00 PM
3/29	Alvernia University*	4:00 PM
4/1	at York College of Pennsylvania*	6:00 PM
4/5	at Eastern University*	5:00 PM
4/15	Lebanon Valley College*	1:00 PM
4/19	at Stevenson University*	7:00 PM
4/22	Widener University*	1:00 PM
4/26	Hood College*	4:00 PM
4/29	at Albright College*	12:00 PM

*indicates MAC Commonwealth contest

2023 STAT LEADERS

No.	Player	Goals	Asst.	Pts.	Shots
13	Delate	18	8	26	37
19	Schnur	9	4	13	14
6	Lettinga	10	2	12	23

No.	Player	GAA	Saves	Sv %	Rec.
25	O'Haver	9.71	30	.469	5-1
2	Hejeebu	9.57	21	.457	0-0



MAC COMMONWEALTH

School	Conf.	Overall
1 - Messiah	0-0	5-1
2 - York	0-0	3-2
3 - Alvernia	0-0	5-2
4 - Widener	0-0	4-4
5 - Albright	0-0	4-3
6 - Lebanon Valley	0-0	2-4
7 - Stevenson	0-0	2-5
8 - Eastern	0-0	0-6
9 - Hood	0-0	2-5

As of March 20, 2023



GoMessiah.com / GoMessiah.tv

SHENANDOAH UNIVERSITY HORNETS - 5-3, 0-0

No.	Player	Ht.	Class	Pos.	Hometown	Previous School
1	Amy Bell	5-2	So.	M	Manchester, Md.	Manchester Valley
2	Paige Padberg	5-4	So.	M	Woodbridge, Va.	Colgan
3	Emily Lerch	5-5	Jr.	M	Nokesville, Va.	Brentsville
4	Emma Stiffler	5-3	Gr.	A	New Freedom, Pa.	Susquehannock
5	Meghan Geister	5-5	So.	D	Mechanicsburg, Pa.	Cumberland Valley
6	Sydney Snoots	5-4	Fy.	D	Sevierville, Tenn.	Annandale
7	Madison Re	5-2	Sr.	M	Bel Air, Md.	Harford Technical
8	Ainsley Buckner	5-7	Jr.	M/A	Springfield, Va.	West Springfield
9	Caitlyn Lepkowski	5-8	So.	D	Adamstown, Md.	Tuscarora
10	Hannah Leidig	5-8	Sr.	D	Pasadena, Md.	Chesapeake
11	Jordan Higgins	5-6	Fy.	GK	Downingtown, Pa.	Downingtown East
12	Elizabeth Szell	5-10	Fy.	A/M	Dover, Del.	Polytech
13	Caitlin Joyce	5-10	So.	A/M	Alexandria, Va.	Bishop Ireton
14	Alexandra Powell	5-2	Fy.	A	Westminster, Md.	Winters Mill
15	Erin Spaulding	5-6	So.	GK	Wallingford, Pa.	Strath Haven
16	Nicole Graham	5-6	Fy.	M/D	Olney, Md.	Sherwood
17	Caroline King	5-6	Sr.	D	Forest Hill, Md.	North Harford
18	Grace Thornhill	5-5	Fy.	A/M	Pompton Lakes, N.J.	Pompton Lakes
19	Kylee Shontz	5-5	Fy.	M	Southampton, N.J.	Seneca
20	Emily Onorato	5-4	Jr.	A	Bel Air, Md.	C. Milton Wright
22	Haley Sullivan	5-6	Fy.	M	Havre de Grace, Md.	Havre de Grace
23	Julianna Fohner	5-4	So.	D	Ocean City, Md.	Stephen Decatur
24	Gabriella Raspanti	5-1	Jr.	A	Sewell, N.J.	Washington Township
25	Emily Ransom	5-5	Fy.	A	Prince Frederick, Md.	Calvert
27	Erin Chizmadia	5-4	Sr.	D/M	Woodbine, Md.	Glenelg
28	Nikki Matson	5-5	Fy.	D	Richmond, Va.	Glen Allen
29	Kate Vendemia	5-6	So.	A	Woodbine, Md.	South Carroll
30	Emily Kravalis	5-8	So.	D	Magnolia, Del.	Caesar Rodney
31	Madison Perry	5-8	Fy.	GK	Felton, Pa.	York Catholic
33	Reilly Cisar	5-9	Sr.	A	Aberdeen, Md.	John Carroll School
34	Agata Gullace	5-4	So.	M/D	Chesapeake Beach, Md.	Huntingtown
35	Ashley MacFarlane	5-7	Sr.	GK	Conowingo, Md.	Rising Sun

Head Coach: Lindsey Lutz (15th season)**Assistant Coach:** Kara Phoubandith, Lauren Marrocco, Olivia Heinrichs

OPPONENT'S SCHEDULE

2/18	Meredith College	W, 17-5
2/22	McDaniel College	W, 17-7
2/25	Mary Washington	L, 5-13
3/4	Christopher Newport	W, 13-9
3/8	Dickinson College	L, 11-12
3/13	Susquehanna University	W, 20-6
3/15	Franklin & Marshall	L, 10-15
3/18	Widener	W, 13-11
3/22	Messiah	5 p.m.
3/25	Roanoke	1 p.m.
3/29	Washington & Lee	6 p.m.
4/1	Ferrum	1:30 p.m.
4/7	Lynchburg	4 p.m.
4/15	Guilford	noon
4/19	Bridgewater	7 p.m.
4/22	Randolph	1 p.m.
4/26	Randolph-Macon	7 p.m.

2022 STAT LEADERS

No.	Player	Goals	Asst.	Pts.	Shots
4	Stiffler	18	22	40	40
8	Buckner	22	10	32	32
3	Lerch	13	6	19	27

No.	Player	GAA	Saves	Sv %	Rec.
35	MacFarlane	9.28	71	.534	5-2
15	Spaulding	12.30	11	.458	0-1

LIVE COVERAGE

Follow the action with
live stats and video!Live Video: GoMessiah.tv
Live Stats: GoMessiah.com/wlaxstats

FALCON PHOTOS

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